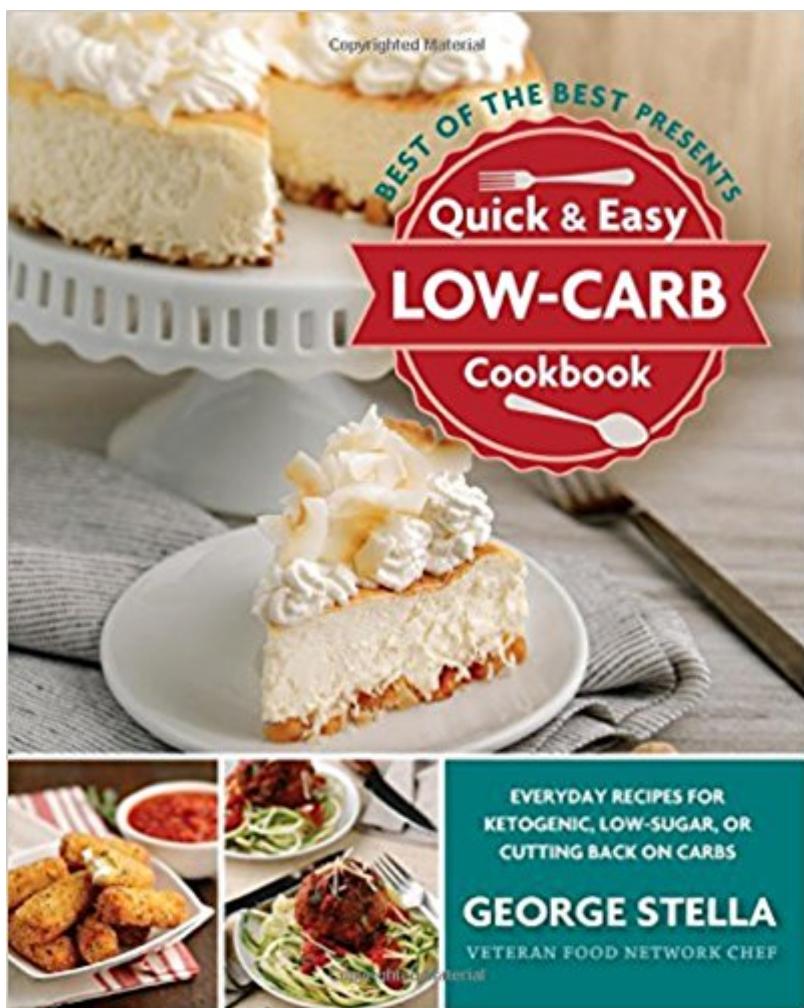


The book was found

Quick & Easy Low-Carb Cookbook (Best Of The Best Presents)



Synopsis

Whether you're eating paleo, ketogenic, gluten-free, or sugar-free, George's recipes are sure to fit your dietary needs. These recipes are so delicious, you won't believe they are low-carb and you'll love that they can be made quicker, easier, and with fewer ingredients than ever before! For those new to eating low-carb, George has included his Two-Day Challenge: stop eating processed and refined foods any two days a week, while getting into the habit of eating more fresh foods. If you can't give up carbs entirely, try cutting back! You might just discover that you don't even miss the carbs. WHEAT-FREE NO-SUGAR-ADDED DESSERTS GUILT-FREE APPETIZERS EVERYDAY DINNERS & MORE

Book Information

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Average Customer Review: 4.8 out of 5 stars 35 customer reviews

Best Sellers Rank: #20,831 in Books (See Top 100 in Books) #45 in Books > Cookbooks, Food & Wine > Special Diet > Low Fat #48 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Low Carb #76 in Books > Cookbooks, Food & Wine > Special Diet > Low Carbohydrate

Customer Reviews

This is a great low-carb cookbook. I've made a few recipes so far and love them!

Trying to eat healthily, get ideas.

I love George Stella's new cookbook. I've got several of his books and the recipes are easy and tasty. I follow the Low Carb/High Fat lifestyle and with his cookbooks I've lost 67 in the last year. I count whole carbs instead of net carbs and he makes it easy to do with that info on every recipe. I would recommend this cookbook and any of his cookbooks to everyone who wants delicious food and a healthy lifestyle!

What a great cookbook! No weird ingredients, easy to make recipes, and tasty ideas. I've been eating low carb for awhile so I was looking for something to give me some new ideas. This definitely fits the bill.

I love the cookbook! Great recipes, nice photos and I think I would make probably 90- 95% of the recipes in it, which is way more than other low carb and any regular cookbooks I have ever purchased! Great deal! Nice job George!!

Great Seller who kindly notified me my item may arrive a little late, which I really appreciated! Also this is a very nice cookbook with delicious recipes, informative recommendations, and appetizing color food photo's, which I highly recommend.

Finally found the low carb cookbook holy grail! I had two low carb cookbooks before this that were mostly ingredients that you would have to buy at Whole Foods or even online health stores, and recipes that took a full day of prep work to make them "30 minute meals". 95% of the recipes actually looked like something I would want to eat, and super easy to make. So happy to have finally found this book, and plan on ordering more from this author. Highly recommend if you don't want pretentious meals with ultra hard-to-obtain ingredients. He keeps it real :)

This book has helped me to lose weight eat healthy with fun recipes and easy to follow. I am no expert cook, but I have been able to impress myself and others. Thank you George Stella and [Download to continue reading...](#)

Low Carb: 365 Days of Low Carb Recipes (Low Carb, Low Carb Cookbook, Low Carb Diet, Low Carb Recipes, Low Carb Slow Cooker, Low Carb Slow Cooker Recipes, Low Carb Living, Low Carb Diet For Beginners) Low Carb Cookbook: Delicious Snack Recipes for Weight Loss. (low carbohydrate foods, low carb cooking, low carb diet, low carb recipes, low carb, low carb ... dinner recipes, low carb diets Book 1) Low Carb: The Ultimate Beginnerâ™s Low Carb Guide to Lose Weight Quick without Starving With over 20 Easy Recipes To Follow. (Low Carb, Low Carb Cookbook, ... Diet, Low Carb Recipes, Low Carb Cookbook) Low Carb Diet: Introduction To Low Carb Diet And Recipes Of Low Carb Soups And Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb Cookbook: 500 BEST LOW CARB RECIPES (low carb diet for beginners, lose weight, Atkins diet, low carb foods, low carb diet weight loss, low carb food list) Low Carb Candy Bars: 25 Low Carb Recipes To Satisfy

Your Sweet Tooth: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Keto Bread Cookbook: Real Low Carb Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) The Ketogenic Diet Cookbook: Lose 15 Lbs In Two-Weeks With 66 Perfect Low Carb Keto Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb: Don't starve! How to fit into your old jeans in 7 days without starving with a Low Carb & High Protein Diet (low carb cookbook, low carb recipes, low carb cooking) Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Low Carb: Low Calorie Cookbook: 200 High Protein Recipes for Weight Loss, Muscle Building, Healthy Eating and Increased Energy Levels (Low Carb High Protein ... Low Carb Cookbook, Low Carb Diet Book 1) Low Carb: Low Calorie Cookbook: 50 High Protein Recipes Under 500 Calories for Weight Loss, Muscle Building, Healthy Eating & To Increase Energy (Low Carb ... Low Carb Cookbook, Low Carb Diet Book 1) LOW CARB DIET: KETOGENIC DIET: 1000 BEST LOW CARB AND KETOGENIC DIET RECIPES (BOX SET): low carb cookbook, ketogenic diet for beginners, low carb diet for beginners, low carbohydrate diet, ketogenic Low Carb: In 20 Minutes - Over 60 Easy One Skillet Recipes in 20 Minutes Or Less (Low Carb Cookbook, Low Carb Diet Cookbook, Low Carb Cookbooks) Keto Bread Cookbook : (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb: Low Carb High Fat Diet - How to Lose 7 Pounds in 7 Days with Low Carb and High Protein Diet Without Starving! (low carbohydrate, high protein, ... carb cookbook, ketogenic diet, paleo diet) Low Carb: 21-Day Weight Loss Challenge - How to Lose 15 Pounds with Low Carb Diet (FREE BONUS included!) (Low Carb Diet, Low Carb Cookbook, Clean Eating) Low Carb Slow Cooker Cookbook: Delicious Fat Burning Low Carb Slow Cooker Recipes (Low Carb Crockpot Cookbook Book 3) Low Carb Chicken Recipes: Easy And Delicious Low Carb Chicken Recipes (Low Carb Cookbook) Low Carb: Proven Low Carb Homemade Cookbook That Will Help You Lose Weight Without Starving! (Includes High Protein and Low Carb Winning Diet Recipes That Will Promote Rapid Weight Loss)

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